



Exploring the Blackstone River Valley  
Recreational Hike Series

All programs are free and open to the public. Registration is not required. Appropriate for ages 12 and up. All children must be accompanied by an adult. Wear sturdy footwear. Dress for the weather. Bringing water is encouraged as it will not be available on-site. Bathrooms are available unless otherwise stated. Programming is subject to change or cancellation. For the most up to date programming information, call (508) 278-7604 or visit [bit.ly/blstupdates](http://bit.ly/blstupdates).



ADA/Reasonable Accommodations  
(617) 645-0358 | [moneesha.dasgupta2@mass.gov](mailto:moneesha.dasgupta2@mass.gov)

Sunday, January 4	<b>Lookout Rock Hike, 1 – 3 p.m.</b> <b>Blackstone River and Canal Heritage State Park</b> Meet at the Rice City Pond parking area ( <a href="http://bit.ly/ricecitypond">bit.ly/ricecitypond</a> ). This hike is ~3 miles over a rugged forest surface with moderate inclines. Bathrooms are not available at this site.
Sunday, January 11	<b>Healthy Heart Loop, 1 – 3 p.m.</b> <b>Upton State Forest</b> Meet at the CCC Camp parking area (205 Westboro Road, Upton). This hike is ~3 miles over loose gravel surface with moderate inclines.
Sunday, January 18	<b>Cedar Swamp Loop, 1 – 3 p.m.</b> <b>Douglas State Forest</b> Meet at the Coffeehouse Loop Trailhead parking area ( <a href="http://bit.ly/coffeehouseloop">bit.ly/coffeehouseloop</a> ). This hike is ~3.5 miles over rocky and loose gravel surfaces with mild inclines.
Sunday, January 25	<b>Bellingham SNETT Hike, 1 – 3 p.m.</b> <b>Southern New England Trunkline Trail</b> Meet at the Center Street Crossing parking area ( <a href="http://bit.ly/snettcenter">bit.ly/snettcenter</a> ). This hike is ~4 miles over a compacted gravel surface with no inclines. Bathrooms are not available at this site.
Sunday, February 1	<b>Triad Bridge Hike, 1 –3 p.m.</b> <b>Blackstone River Greenway</b> Meet at the Central Street parking area (1 Hope Street, Millville). This hike is ~2 miles over a paved surface with no inclines. Bathrooms are not available at this site.
Sunday, February 8	<b>Sparrow and Grouse Loop, 1 – 3 p.m.</b> <b>Upton State Forest</b> Meet at the CCC Camp parking area (205 Westboro Road, Upton). This hike is ~3 miles over a rugged forest surface with steep inclines.
Sunday, February 15	<b>Reservoir Loop, 1 – 3 p.m.</b> <b>Douglas State Forest</b> Meet at the Route 16 parking area ( <a href="http://bit.ly/dougroute16">bit.ly/dougroute16</a> ). This hike is ~4 miles over loose gravel and rugged forest surfaces with steep inclines. Bathrooms are not available at this site.
Sunday, February 22	<b>Franklin SNETT Hike, 1 -3 p.m.</b> <b>Southern New England Trunkline Trail</b> Meet at the Franklin SNETT trailhead (234 Grove Street, Franklin). This hike is ~4 miles over a compacted gravel surface with no inclines. Bathrooms are not available at this site.

coming events